

## **The Julian Alps Traverse**

### **- Trekking in the heart of the Julian Alps and Triglav National Park**

#### **Itinerary in full:**

#### **Day 01 Ljubljana airport – Kranjska Gora**

Meeting at the airport, and transfer to Kranjska Gora, approx 1hr.  
Briefing and welcome dinner.

#### **Day 02 Kranjska Gora - Tamar valley - Mt. Slemenova špica - Vršič pass**

Breakfast in the hotel, transfer to the Tamar valley (approx 10 min).

Starting point of our traverse is the Dom v Tamarju mountain hut, which is situated in a lovely deep alpine valley amongst some of the biggest and steepest North faces in Slovenia.

It is dominated by the most distinguishable Slovenian mountain, Jalovec at 2646m, that rises like a giant gem above the Tamar valley. The gently ascending path reaches Mount Slemenova špica to the east of the valley in about two hours. The alpine meadow with tiny lakes offers superb views of surrounding peaks and valleys. A gentle slope leads to the Vratca pass, from where Vršič pass (1611m), our destination, is reached in a gentle descent.

Altitude gain: 700m. Time: 3-4 hrs.

Overnight in the Poštarski dom mountain hut. (1680m)

#### **Day 03 Vršič pass - Mount Prisank - Mount Razor - Kriški podi**

From the mountain hut, the path sets off to the south on the Sovna glava and then the route climbs onto the Southwest ridge.

From there we head across the slope to the natural passage Prednje okno.

The path ascends over steep rocks to the summit ridge and onto the summit of Mount Prisank (2547m). It takes approximately three hours to the summit from the hut. Descending along Jubilejna path, we pass rocky terrain with scenic features including another natural passage way.

The South slope drops to the lush Trenta valley, while rocky faces to the north and east show their grim and stern gaze. We reach the lowest point at the Škrbina col (2000 metres). From there, another 600m of climbing get us in two hours to Mount Razor (2601m). To the east of Razor lies a high altitude karstic terrain with three lakes and a mountain hut, the Pogacnik dom(2040m), which is our destination for the day.  
Altitude gain: 1500m, 1100m descent, total time: 6-8 hrs

#### **Day 04 Kriški podi - Mount Bovški Gamsovec - Luknja pass – Dolič**

The path heads upwards to reach the Dovška vrata pass, crossing eroded karst formations. Once on the pass, the path continues along the ledges to the summit of Mount Bavški Gamsovec. Descending towards the Luknja pass (1750m), that separates Bovski gamsovec from the Triglav Range.

Descent to the south for about 200m and continue on to Trzaska koča hut. (2140m)

Overnight stay in the Tržaška koča mountain hut.

Altitude gain 900m, descent 800m, total time: 5-6 hrs

**Day 05 Dolič - Triglav – Kredarica**

From the hut, the path ascends the western side of Triglav (2864m) to the Triglavška škrbina and continues in hairpins to arrive at Aljaž turret on the summit (2864m).

On a clear day, one can see as far as the Adriatic Sea, the Dolomites and Eastern Tyrol. The descent via the northeast ridge is exposed and steep, but well protected. Cautiously we reach the highest mountain hut in Slovenia, Kredarica, (2500m).

Stay overnight in the Dom na Kredarici mountain hut.

Altitude gain: 700m, descent 364m, total time: 5-6 hrs.

**Day 06 Kredarica - Krma valley – Bled**

The descent from Kredarica will be done in the most common approach route – towards Krma valley. The rocky alpine terrain and scree slopes change slowly to larch and pine trees. The Krma valley is lined by the great Mount Rjavina to the north, and the steep rocky north face of Draski Vrh to the south.

In the winter, these are the prime ski-touring terrains.

The descent ends in the lush Krma valley (1000m).

Descent: 1500m, total time: 3-4 hrs.

Transfer to Bled is an easy extension of the day trip, that leads us through scenic and scarcely populated Radovna valley and ends in one of the most well know alpine gems of the Eastern Alps – the Bled resort with its famous lake and fascinating surroundings.

Overnight in hotel\*\*\*, dinner in a local restaurant.

**Day 07 Bled sightseeing**

After breakfast, optional sightseeing of the lake & island. An excursion to the scenic nearby Vintgar gorge is also possible. Bled has a lot to offer. From relaxing strolls, charming bars and restaurants, to medieval churches and an assortment of art galleries, and museums.

**Day 08 Bled - Ljubljana airport**

Free morning, early afternoon transfer to the airport, departure.