

Country Walks in Provence:

Weather/Climate in Provence in summer:

Summer in Provence is in general very hot without much precipitation. This is one of the reasons why we go to Provence in May/June, to avoid the heat (-and tourist) wave.

Most of the days will be warm and sunny, some windy days are possible, especially when we go up to Mont Ventoux.

Most evenings are cooler, so some warm clothing is advisable. In general though, we should be able to hike in shorts.

Luggage transfer

Upon your arrival in Vaison-la-Romaine, you will receive an Alpine Interface duffle bag. Please put all your belongings you would like to take on the trip into this duffle, and our driver will transport it for you.

The duffle helps to identify our guests' luggage, and avoids any mix-up with other companies.

You may leave items not required for the trip in your suitcase/duffle with our driver, who will store it for you.

The Alpine Interface duffle is yours to keep after the trip.

Mandatory equipment:

- Wind and waterproof jacket and pants
- One lightweight long sleeve shirt/jacket
- Lightweight hiking boots. *(Take the inner sole/foot bed out of your shoe and stand on it. You should have a space of 0,5cm – 1cm from the top of your toes to the top of the sole. If there is less space, your boots are too small, if there is more space, your boots are too big. Also make sure that your heel is not too loose in order to avoid blisters).*
- Jogging shoes/sandals for the hotel and leisure time.
- Technical clothing that is light and dries quickly *(2/3 T-shirts, 1,2 long sleeves)*
- Socks / underwear
- Casual and formal dress for evening meals. Men should have a jacket and tie, women an evening dress. Remember, evenings in Provence could be cool.
- Sun protection *(sun hat/cap, glasses, cream)*
- 35 litre rucksack *(with rain cover, if possible. Some have one built in on the bottom of the pack, for example 'Deuter' rucksacks. If not, try to get one for your rucksack in a sport shop. Also a good thing, a plastic liner for the inside of the bag, to protect the gear that is inside. Zip lock bag for wallet, tickets, passport, money etc. works as well.*

- Camelbak or water bottle (*if you use a Camelbak, make sure you carry spare parts*)

Optional equipment:

- Telescopic poles (*takes weight off the knees*)
- Swiss army knife or similar
- Small umbrella