



THE DOLOMITES TRAVERSE – From Colfosco to Cortina d’Ampezzo.

HIKING THE DOLOMITES, 8-DAY ITINERARY

(B=Breakfast, L=Lunch, D=Dinner, LG=Luggage)

DAY 01: ARRIVAL DAY

We will meet at our four-star hotel in Corvara/Colfosco, at the heart of the Ladin-speaking culture. Briefing and welcome dinner with our local guides.

For information on how to get to Colfosco, please have look at our Alps Travel Resource page.

Accommodation: Hotel****, double room (D, LG)

DAY 02: CORVARA - PASSO GARDENA

Today is quite a long day-hike of 6-8 hours, as we climb to the Altipiano de Crespeina and walk on the Alta Via Dolomiti down to Passo Gardena. Stunning limestone towers contrast starkly with the greens of the nearby fields.

Accommodation: Hotel****, double room (D, LG)

DAY 03: CORVARA - RIFUGIO CAVAZZA

This will be our first introduction to a Via Ferrata (for those interested). Otherwise the hike will take us along equipped trails, which are steep at times, to the beautifully situated Rifugio F.

Cavazza. 7 hours of hiking. Accommodation: Rifugio, dormitory (B, L, D)

DAY 04: RIFUGIO CAVAZZA - RIFUGIO BOE

We have two options for today: A Via Ferrata over the Dolomites 'Hoehenweg', or hike the Vallon De Mesdi to our next destination, the Rifugio Boè.

Accommodation: Rifugio, dormitory (B, L, D)

DAY 05: RIFUGIO BOE - RIFUGIO LAGAZUOI

We will hike from the Rifugio Boë to Passo Pordoi, either via the top of Piz Boë (which is a steep Via Ferrata) down to Passo Pordoi, or along the Via Dolomiti to Sas de Pordoi, where we take the cable car down to give our knees a rest. From Passo Pordoi, we transfer to Passo Falzarego, and take the cable car up to Rifugio Lagazuoi, where we will spend the night.

The rifugio is situated near one of the major fronts during WWI. Elaborate trenches, fortifications and gun emplacements can still be seen. We have the option of hiking through the Sass de Stria tunnels, which were part of the Austrian front. Walking time about 7.5 hours.

Accommodation: Rifugio, double room (B, L, D)

DAY 06: LAGAZUOI - RIFUGIO AVERAU

Today's hike takes us from Rifugio Lagazuoi to the Rifugio Averau.

We can walk through the tunnels and visit some of the open-air museums, or walk down the normal path, or even do a via ferrata.

We will have an opportunity to visit the Cinque Torri trenches and the infamous front, which pitted the Austrian army against the Italian Alpine troops during WWI. Rifugio Averau has one of the best restaurants of not only the alpine rifugios, but the entire area.

The Rifugio Nuvolau, which is situated higher up, offers a stunning 360 degree view over the Sella Massif, the Marmolada, down to Pelmo and Civetta and over to Cortina d'Ampezzo and the Tofanas - and an excellent cappuccino! Walking time 8 hours

Accommodation: Mountain hotel, double room (B, L, D, LG)

DAY 07: RIFUGIO AVERAU - RIFUGIO FONDA SAVIO

Again, we have two options: We can either make this a leisurely day, taking the cable car down to Rifugio Fedare for a coffee, and then take a taxi straight to Cortina for lunch, or we continue up the mountain to Rifugio Nuvelau, followed by a Via Ferrata or hike down to Passo Giau, from where we would take a taxi to Cortina. After lunch, we transfer to the Lake of Misurina, and hike from there up to the Rifugio Fonda Savio. (Via Ferrata or hike). Walking time 7 hours.

Accommodation: Rifugio, dormitory (B, L, D)

DAY 08: FONDA SAVIO - BÜLLELLEJOCHHÜTTE

From the Fonda Savio refuge, we will hike to the Auronzo or Lavaredo refuge for lunch. After lunch, there is an option for a Via Ferrata on the Paternkofel, or an easier hike up to the Büllelejochhütte, where we will be staying for the night. The Büllelejoch hut is a small, family run hut that serves excellent dumplings, beer on tap, Austrian delicacies, and lots more. Walking time 7 hours.

Accommodation: Rifugio, dormitory (B, L, D)

DAY 09: BÜLLELLEJOCHHÜTTE - CORTINA D'AMPEZZO

We will hike in the morning towards one of the Dolomites most famous landmark, the Tre Cime di Lavardo (Drei Zinnen).

We will stop at the Tre Cime hut for lunch, the entire group can then explore the nearby WWI tunnels. From the Tre Cime hut we will walk down below the North Face of the Tre Cime, and a quick taxi-ride will bring us to Cortina d'Ampezzo for our last night.

Accommodation: Hotel***, double room (B, L, D)

DAY 10: DEPARTURE DAY

Individual departure of all guests after breakfast. Please enquire about possible extensions to the trip or optional Via Ferrate. For information on how to depart from Cortina d'Ampezzo, please have look at our Alps Travel Resource page.